

Menstruation: A Blessing or A Curse?

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Abstract

India, where the majority of Hindus live, is a highly sacred nation. However different wrongdoings still happen under the guise of custom. One of them is ladies staying away from religious institutions while they are menstruating. Everyone is aware that women are the ones who give birth to children. And the sole reason is because each month they have menstruation, which releases an egg that can meet a sperm and give birth to a child. Hence, since women are to be providers, it defies logic that God would forbid them from visiting their place of worship while they are menstruating. This practise is prevalent in a nation where the right to equality is protected by article 14 of the constitution. The major objective of this study is to ascertain the attitudes of residents of Rajnandgaon and Durg-Bhilai (both males and females) about this issue. Surprisingly, despite everyone being aware that the treatment of women is immoral, no one has the courage to speak out against it out of fear of offending God or society. While the masculine people question what we should do about this. For this study, sample survey and questionnaire tools were employed. The extremely favourable outcome of this study indicates that the people are very open-minded, but in reality, they should have the bravery to break this taboo and allow our nation to flourish by opening our minds to these ridiculous, trivial concerns that defy logic.

KEYWORDS: Patriarchy, Menstruation, Women, and Religious Institution

INTRODUCTION

Menstruation is seen differently in many cultures. The idea that menstruation should be kept

private serves as the foundation for many social conventions and communications regarding it in western industrial nations. Contrarily, menstrual observances are often seen positively in hunter-gatherer tribes, notably in Africa. There is no association with uncleanness.

Men and women only have equal access to worship in churches in India. Discrimination is a common practise in mosques and temples. Seven security guards at a Hindu temple in Maharashtra were put on administrative leave after a female follower entered the building to worship an idol. The platform is off-limits to women, and temple priests conducted a "purification" ritual to clean it of the "pollution" the ladies had brought. Several Hindu temples forbid women access while they are on their menstrual. The Sabarimala temple in Kerela takes things a step further by forbidding any women between the ages of 10 and 50 since it is hard to determine whether a lady is menstruating. The president of the board that oversees the temple, Prayar Gopalakrishnan, has previously stated that women won't be admitted until a device to identify whether or not they are on their period has been developed and installed.

But, "Religious patriarchy cannot be allowed to predominate over...the right to practise and declare one's faith."

The Supreme Court declared in September 2018 that all women, regardless of age, were welcome within Kerela's Sabarimala shrine with these words and several other key declarations.

Menstruation is prohibited in this conservative country where online pornography is common and newspaper sex columns address masturbation and early ejaculation. So many Muslim and Hindu women have internalised the idea that it is filthy that they choose to avoid going to mosques and temples during their periods.

The poor lady must be in agony and may quickly become fatigued, our forefathers in the Vedic period would have simply reasoned. She doesn't even need to cook; just let her stay home and recover for these days. Put her to sleep.

As a result, the ladies of that era had plenty of downtime and didn't even visit temples as frequently as they would have otherwise, which over time was taken to mean that a girl going through her period should be kept at home. She shouldn't leave. Certainly not to the kitchen. She's a disaster. She's filthy. That is why on "those" days, our foremothers forbade women from entering temples.

What occurred between them? These folks simply followed without asking why this is occurring or seeking an explanation. Therefore, such pointless traditions still persist today.

Why though? Everyone is aware that women are the ones who give birth to children. And the sole reason is that they only produce eggs because they menstruate each month. touch with a sperm and result in conception. Hence, since women are to be providers, it defies logic that God would forbid them from visiting their place of worship while they are menstruating.

Also, Articles 14 through 18 of our constitution refer to equality as the first essential right. So, where has the equality gone in this situation.

Only when we break free from all of these taboos and focus on our nation's development objectives will our nation succeed.

The purpose of this study was to find out how Chhattisgarh state residents in Rajnandgaon and Durg Bhilai felt about the subject. Materials and Procedures

As a technique of research, this study employs a questionnaire instrument and a sample survey. 55% of the population is female, 43% is male, and the remaining people would to remain anonymous about their gender. Among the respondents, 56.7% are from Durg-Bhilai, while the remaining respondents, who must be between the ages of 18 and 40, are from Rajnandgaon, 53.3% of them are employed.

This study's survey methodology uncovered concerns with loyalty since everyone aspires to appear kind and kind in front of others.

Results

The majority of respondents were Hindus, including the 53.4% of workers (30% men and 23.4% women).

71.7% of people (31.7% of males and 40% of women) feel that women shouldn't refrain from attending religious institutions when they are menstruating.

Means, According to study, the majority of women believe that it shouldn't be illegal for women to visit their religious institutions when they are menstruating. Surprisingly, the majority of them are not

working class.

Women create generations, then why do women receive such unequal treatment?

However the majority of women who don't work are afraid of society and God. Given that India used to be a patriarchal nation, they don't want to run the danger of being mistreated as a result. So, they contend that women shouldn't run the danger of visiting their places of worship while they are menstruating since doing so will bring punishment from God because it is sinful.

Very few ladies struggle with the decision of whether to accept it or not. A conflict arises between their adherence to tradition and reasoning in this situation (science).

Men of the current age are likewise open-minded in this respect, if we are talking about them. The majority of men believe that women should not miss religious services when they are menstruating. The science underlying it, which has no connection to religion, is the reason. Males in today's culture no longer desire to in any manner rule over women.

Yet relatively few men think differently than other people. They hold the opinion that women should not be allowed in their religious establishments while they are menstruating. Their practises and habits are the cause. Some also contend that women shouldn't consider it; rather, they should live in accordance with society's norms and the so-called patriarchal culture.

Conclusion

According to the report, people in Chhattisgarh's Durg-Bhilai and Rajnandgaon are generally open-minded. They no longer adhere to the outdated conventions that forbade women from entering religious organisations when they were menstruating. Yet this kind of thinking just encourages saying, not doing. Nobody is courageous enough to challenge it. Everyone is afraid of society. What will people say? The men have attitude and log kya kahenge. That is not our concern.. *hame isse kya karna...* This way of thinking has to change. Individuals should discuss it honestly and without holding back. When we are free of this ridiculous short-term mindset, only then can we think about the great concerns facing our nation and lead it to success in transforming from an undeveloped to a developed one.

Reference

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